

Cleeve Prior C of E Primary School P.E. Curriculum Offer



Our vision

Our vision is to provide a caring and nurturing environment, where everyone is given opportunities to learn, discover and grow in our changing world. We will live out our Christian values of Respect, Hope, Love, Forgiveness, Trust and Honesty and strive to guide our community into leading fruitful lives, learning from Jesus's teachings, to love themselves and one another in order to achieve success.

Teach children how they should live, and they will remember it all their life.

Proverbs 22:6

Cleeve Prior Church of England Primary School – Learning and growing together in God's family.

Intent

At Cleeve Prior C of E Primary School, we provide a caring environment in which children are allowed to discover personal qualities and values such as Respect, Hope, Love, Forgiveness, Trust and Honesty many of which are the School P.E. Values and transfer across many of the different areas of the curriculum. We aim to provide all pupils with a sense of achievement as well as enjoyment and fun through an appropriately balanced and developmental range of physical activities. Physical Education is an integral and essential part of the curriculum from which the children can derive a great deal of pleasure. It is exclusively concerned with the physical child, providing the main sources of exercise, essential for the physical growth and development of the child. Exercise is also essential requirement for health and fitness and has also a positive effect on well-being and academic

achievement. Our PE curriculum is designed to progressively develop the children's physical literacy skills and inspire all the children to succeed and excel in competitive sport and other physical activities as well supporting their physical and mental health and fitness.

Implementation

EYFS

ELG: Gross Motor Skills

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others.
- Demonstrate strength, balance and coordination when playing.
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

KS1

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching
- develop balance, agility and co-ordination,
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.
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KS2

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].

Perform safe self-rescue in different water-based situations.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time and engage in competitive sports and activities which in turn helps to support and encourage the children to lead healthy, active lives.