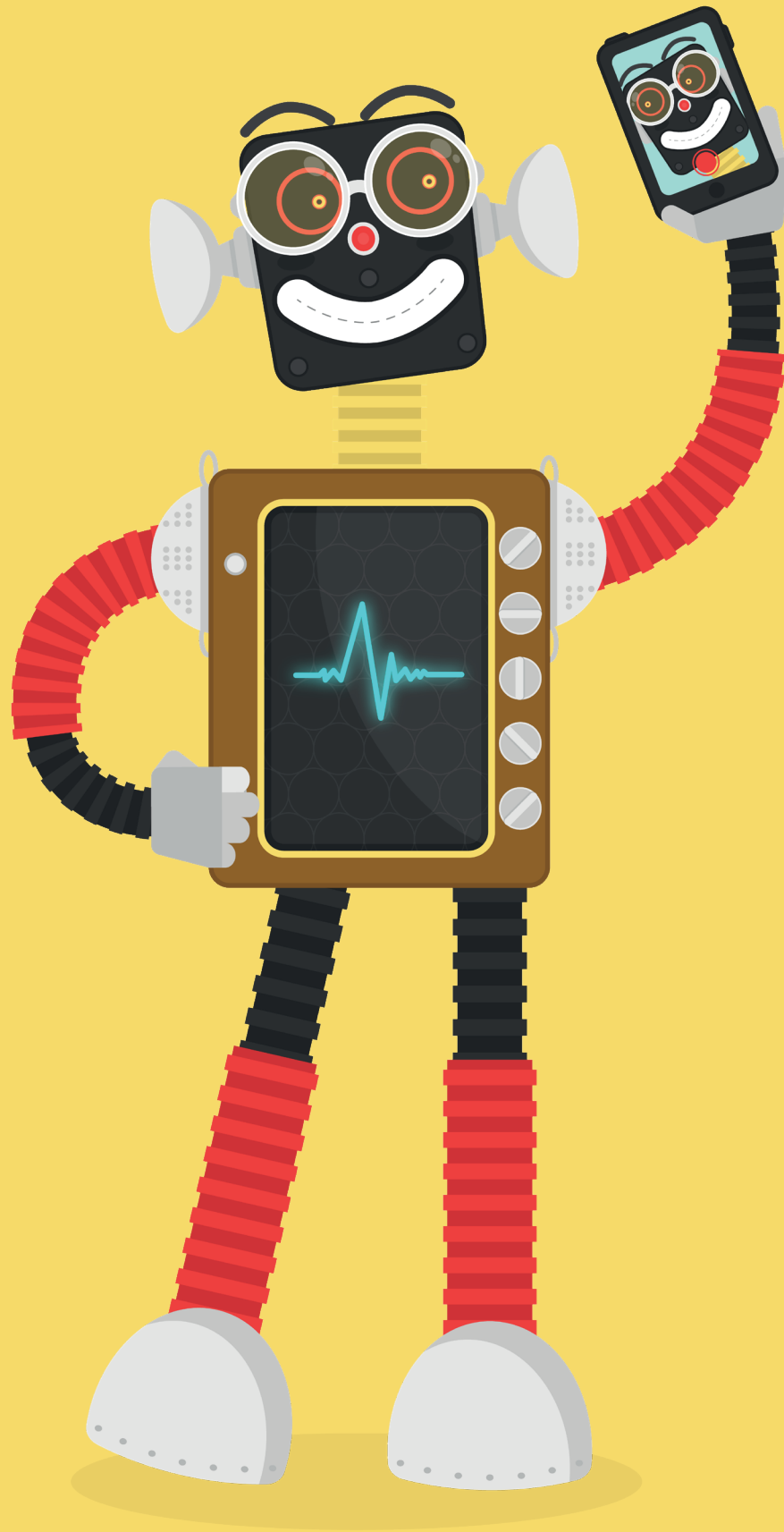


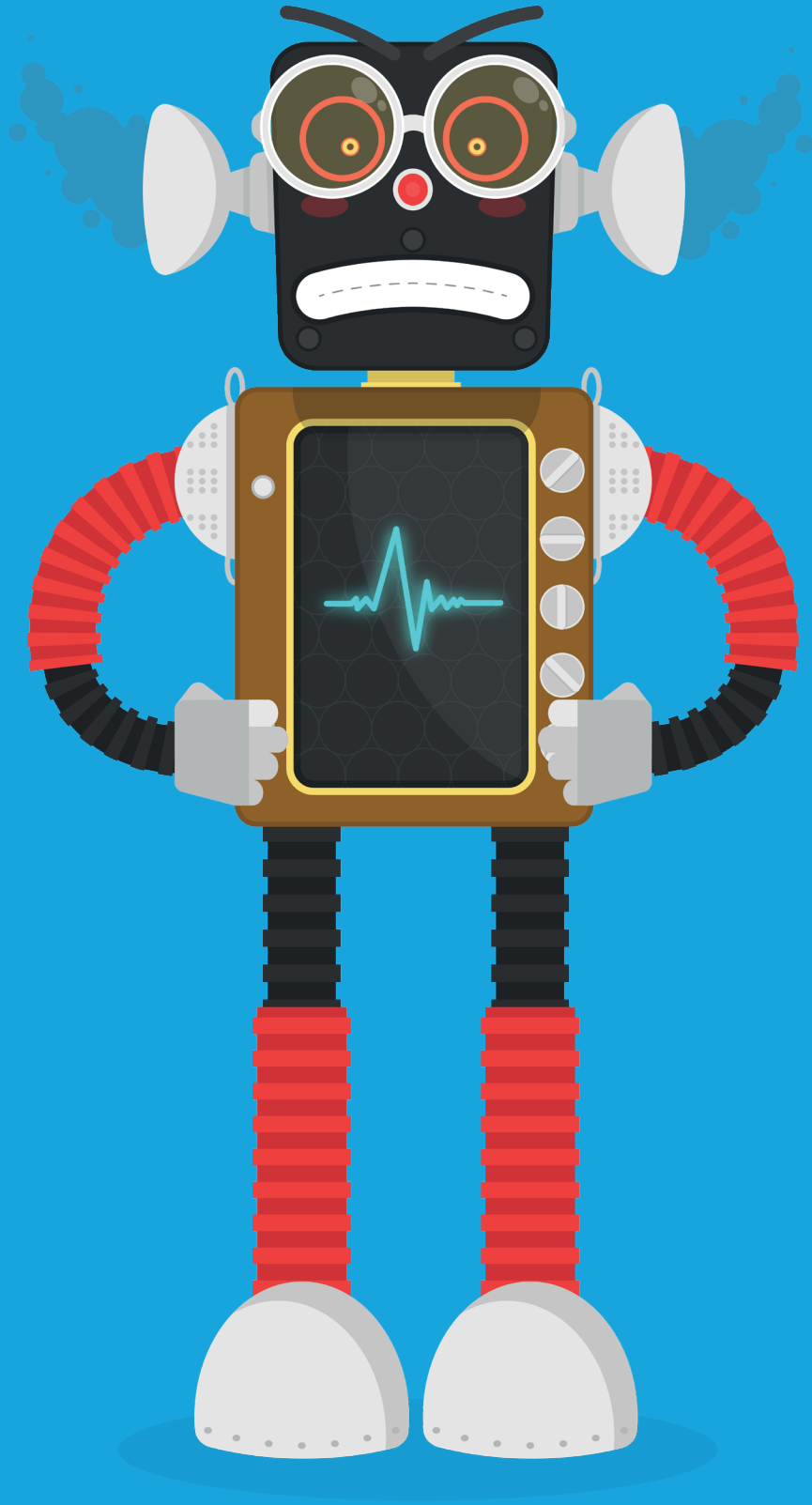
**Don't Forget
to Let Love in!**

Learning how important,
valued and loved we are.



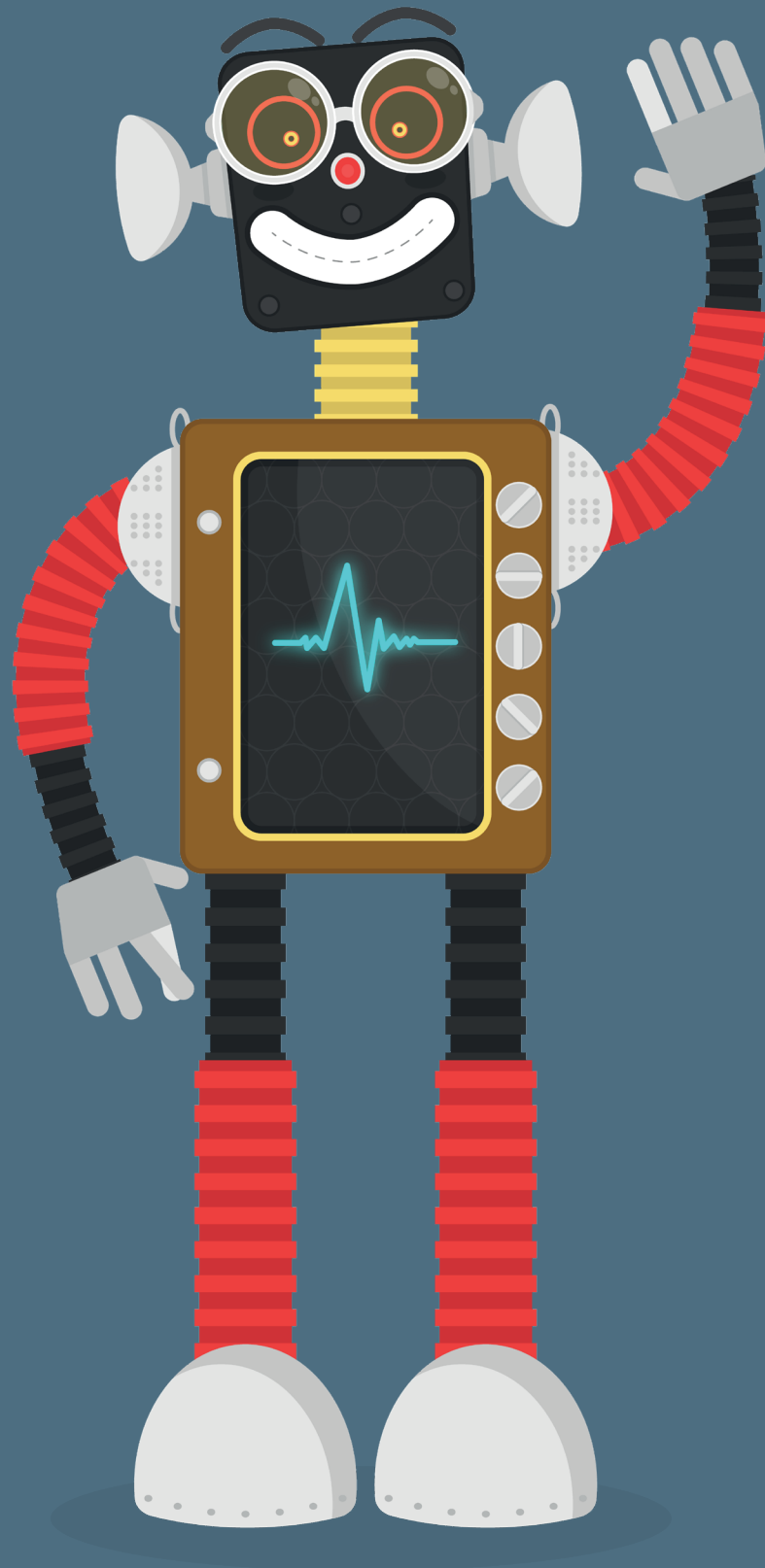
Too Much Selfie isn't Healthy!

Exploring the importance of others
and how to love them well.



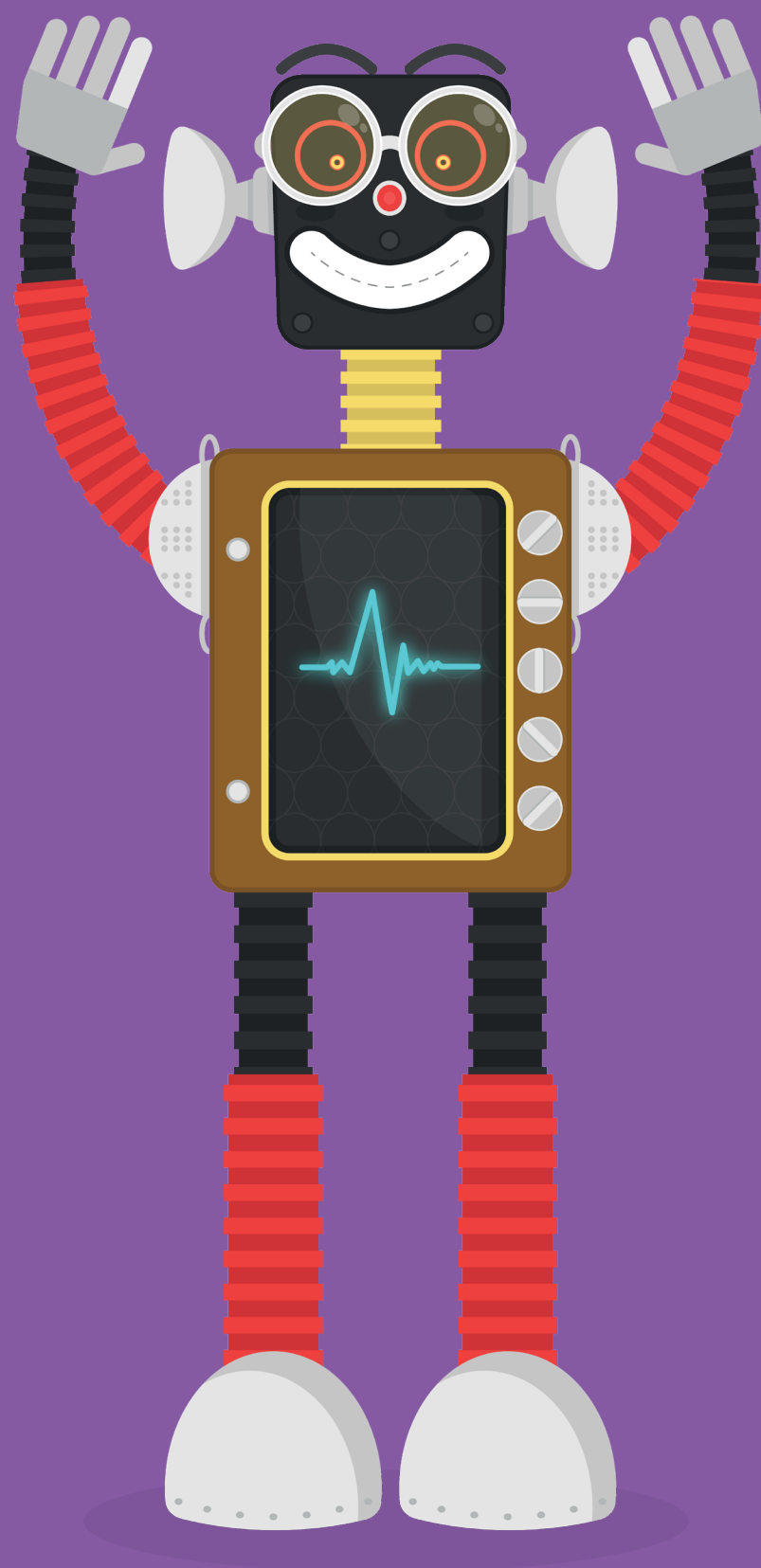
Don't Rub it In, Rub it Out!

Understanding how to process
negative emotion and choose
forgiveness to restore relationships.



Fake is a Mistake!

Unpacking how to bravely
communicate truth and be
proud of who we are.



**‘No Way Through,’
isn’t True!**

Knowing there is a way through
every situation, no matter how
impossible it may seem.